WELCOME TO GIVINGTUESDAY

Your Guide to GivingTuesday: Youth Edition

One day. Endless ways to give.

GivingTuesday is a global generosity movement that began in 2012. Every year people around the world come together to give back to their communities.

This guide helps you discover the causes you care about, take meaningful action on your own and work with others to make a difference.

MARK YOUR CALENDAR

Dec 1

2026

Tuesday, December 1, 2026

3 Things to Know About GivingTuesday

1

Everyone can participate.

You don't need money, a large following or a leadership title to make a difference.

2

Generosity is more than donating.

Give your time, skills, creativity or support to something that matters to you.

3

One day can start something bigger.

GivingTuesday can inspire actions and projects that continue throughout the year.

How You Can Give

Time

Volunteer, mentor or help someone who needs support.

Talents

Share your skills, creativity or knowledge.

Voice

Raise awareness about an issue or cause you care about.

Action

Do something practical to help people, animals or the planet.

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10 Ways to Give on Your Own

No money needed. Choose an action that matters to you.

- [ ] **1 Show Gratitude** — PEOPLE
  Reach out to someone who has supported or inspired you. Tell them specifically how they've made a difference in your life.

- [ ] **2 Help Someone Succeed** — PEOPLE
  Offer to help a friend or younger student study, practise a skill or complete a challenging task.

- [ ] **3 Share Your Skills** — PEOPLE
  Use a skill you have, such as technology, art, music or writing, to help someone else.

- [ ] **4 Give Your Time** — COMMUNITY
  Find a local volunteer opportunity or offer to help with a community project.

- [ ] **5 Be an Ally** — PEOPLE
  Notice someone being left out or treated unfairly. Offer support and help create a more inclusive environment.

- [ ] **6 Reduce Your Impact** — PLANET
  Choose one practical way to reduce waste or energy use today, and encourage someone else to join you.

- [ ] **7 Give Something a Second Life** — PLANET
  Repair, reuse or responsibly donate an item you no longer need.

- [ ] **8 Speak Up for a Cause** — COMMUNITY
  Research an issue you care about and share one reliable fact or useful resource with others.

- [ ] **9 Support Animal Welfare** — ANIMALS
  Find out what a local animal rescue or wildlife organization needs and identify one way you can help.

- [ ] **10 Make a Meaningful Connection** — PEOPLE
  Reach out to someone you haven't spoken with recently. Give them your time and attention.

My 3 GivingTuesday Choices

1. _____ 2. _____ 3. _____

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10 Ways to Give Together

Bring your friends, team, club or youth group together to make a difference.

1

CONNECTION

Launch a Gratitude Campaign

Create a shared digital or physical gratitude wall celebrating people who make a positive difference.

2

LEADERSHIP

Organize a Peer Support Session

Bring together students to share study strategies, technology skills or other useful knowledge.

3

PLANET

Start a Community Cleanup

Organize a supervised cleanup of a local park, beach or neighbourhood.

4

COMMUNITY

Create a Giving Drive

Partner with a local organization to collect specific items it needs, such as food, clothing or hygiene products.

5

COLLABORATION

Organize a Skill-Sharing Event

Invite young people to teach each other practical skills, creative activities or useful life skills.

6

ADVOCACY

Create a Cause Awareness Campaign

Choose an issue that matters to your group. Research it and create an informative campaign using reliable sources.

7

COMMUNITY

Support a Local Charity

Contact a local nonprofit to learn how your group can volunteer or contribute to an existing project.

8

PLANET

Host a Repair or Reuse Exchange

Organize a supervised event where participants exchange useful items or share simple repair skills.

9

PEOPLE

Create a Community Connection Project

Work with a community organization to create messages, artwork or another activity that helps people feel connected.

10

LEADERSHIP

Start a Youth Giving Challenge

Invite friends or a youth group to complete one meaningful act of giving each day for seven days. Track your collective actions and celebrate the results.

YOUTH LEADER TIP Start with an issue your group cares about. Check permissions, safety requirements and community needs before organizing public activities.

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Our GivingTuesday Action Plan

Choose your cause. Make a plan. Take action.

1 Our Giving Goal

What change do we want to make?

2 Who or What Are We Helping?

- [ ] People
- [ ] Animals
- [ ] The Planet
- [ ] Our Community

4 What Do We Need?

- [ ] Materials
- [ ] Team Members
- [ ] Permission
- [ ] Community Partners
- [ ] Other Support

3 Our Action Plan

What steps will we take? Check each one off when it's done.

1. _____ ☐
2. _____ ☐
3. _____ ☐
4. _____ ☐

5 Our GivingTuesday Results

What did we accomplish? Who benefited? What did we learn?

6 How Did Giving Make Us Feel?

Circle one, then reflect.

Proud Happy Connected Inspired Unsure

Keep giving after GivingTuesday!

GivingTuesday is just the beginning. Explore more free youth leadership activities and resources at 365give.ca.