



FIND YOUR CAUSE

# What's Your Thing?

**You don't have to change the whole world. Start with one thing you care about.**

Making an impact can feel overwhelming when you look at everything that needs attention. So bring it closer to home. Start with what pulls at your heart and find out what's already happening right where you live.

## WE STARTED SMALL TOO.

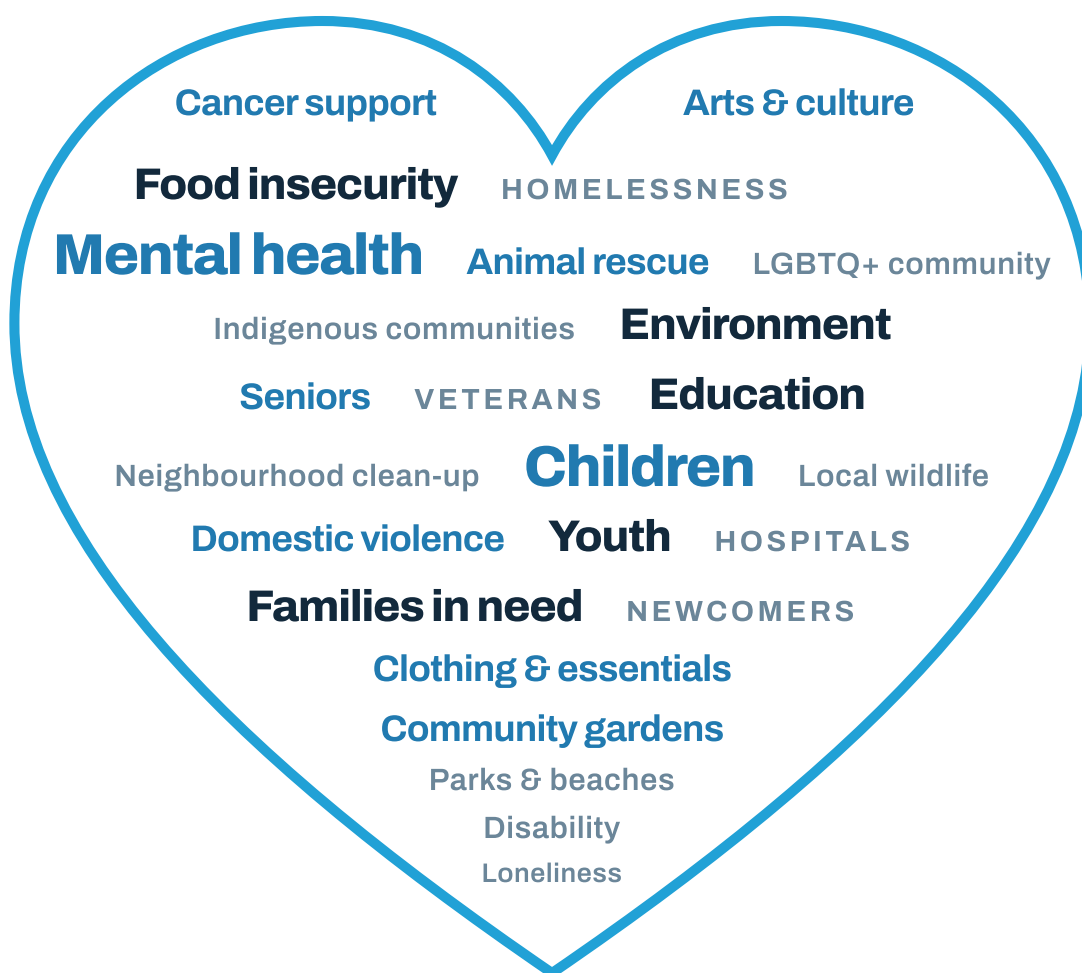
365give started with one mom and her three-year-old son doing one small act of giving every day. What started at home grew into a global giving movement.

**Big impact doesn't have to start big.**

ACTIVITY 01

## What pulls at your heart?

*Circle three causes you care about.*



**Where your attention goes your energy flows.**



ACTIVITY 02

# What's Happening in Your Hood?

Research your three. What's already happening in your community?

01

CAUSE

LOCAL ORGANIZATION / OPPORTUNITY

02

CAUSE

LOCAL ORGANIZATION / OPPORTUNITY

03

CAUSE

LOCAL ORGANIZATION / OPPORTUNITY

ACTIVITY 03

## Choose your one

MY THING

Which one are you most excited to get  
involved with?

ACTIVITY 04

## Find your people

Who do you know who might care about this too? Send out some DM's and see who comes back.

Is there a local group you could join?

What's one first step you could take?

**Start with what you care about. Find your people. Keep showing up.**