



ONE ORDINARY DAY

The Path to Peace

What if peace started with you?

When you think about peace, where does your mind go?

Wars. Governments. World leaders. Problems that can feel far too big for one person to change.

But peace also lives much closer to home. In how we respond. How we listen. What we say. What we choose not to say.

So what if the path to a more peaceful world started with how we choose to move through one ordinary day?

START WITH YOU

YOU → RELATIONSHIPS → COMMUNITY → WORLD



REFLECTION

Where did peace show up today?

In me:

Between me and someone else:

Around me:

World peace can feel impossibly big.
Practicing peace isn't.