



Find Your Cause

What matters enough to you to learn more?

There are thousands of issues and causes you could care about. You don't have to care equally about all of them.

This activity helps you explore issues affecting people, animals and the planet, discover what catches your attention, and then research how the same issue is being addressed in your neighbourhood, your country and around the world.

STEP 1 Explore

Circle anything that catches your attention.

PEOPLE	Hunger	Homelessness	Mental health	Education	Poverty	Disability inclusion
	Seniors	Refugees	Youth	Health	Human rights	
ANIMALS	Animal rescue	Wildlife	Endangered species	Habitat protection	Animal welfare	
	Marine life	Pollinators				
PLANET	Climate change	Oceans	Clean water	Waste	Food waste	Forests
	Pollution	Sustainable communities				Biodiversity

SOMETHING ELSE I CARE ABOUT _____

What pulls you in?

Circle three issues you want to understand better, then write them here.

ISSUE ONE _____	ISSUE TWO _____	ISSUE THREE _____
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THE ONE I WANT TO INVESTIGATE _____

Why did I choose it?

Not why should people care. Why do you care?



Zoom In. Zoom Out.

Follow one issue from local to global.

STEP 2 Follow one issue from local to global

THE ISSUE I'M RESEARCHING

IN YOUR NEIGHBOURHOOD What's happening close to you? Research your neighbourhood, town or city.

- How does this issue show up where you live?
- Who is affected?
- Find one local organization working on it.
- What does that organization actually do?
- How could you get involved?

LOCAL ORGANIZATION

WEBSITE

WHAT I LEARNED ABOUT THE ISSUE

HOW I COULD HELP

IN YOUR COUNTRY Now zoom out.

- How does this issue affect your country?
- Is it different in other regions?
- Find one national organization working on it.
- What approach are they taking?
- What opportunities could you get involved in?

NATIONAL ORGANIZATION

WEBSITE

WHAT I LEARNED ABOUT THE ISSUE

HOW I COULD HELP

AROUND THE WORLD Now go global.

- Where is this issue having a significant impact?
- Who or what is affected?
- Find one organization working internationally.
- What are they doing?
- How is their work different from the local organization you found?

GLOBAL ORGANIZATION

WEBSITE

WHAT I LEARNED ABOUT THE ISSUE

HOW I COULD HELP



Connect the Dots

One issue. Three scales.

STEP 3 One issue. Three scales. Put your three organizations side by side.

	In your neighbourhood	In your country	Around the world
ORGANIZATION			
WHO OR WHAT THEY HELP			
WHAT THEY DO			
HOW YOUTH CAN HELP			

WHAT DID YOU DISCOVER?

What was similar at all three levels?

What was different?

What surprised you most as you zoomed out?

Which organization's work interested you most? Why?

Did your research change how you think about this issue?

Where would you want to get involved?

GO ONE LEVEL DEEPER

WHAT IS ONE QUESTION YOU STILL DON'T HAVE AN ANSWER TO?

WHERE COULD YOU GO TO FIND A CREDIBLE ANSWER?

WHY THE SCALE MATTERS

One issue can look very different depending on where you stand.

Climate change

Your neighbourhood

Extreme heat, flooding, local habitat.

Your country

Forests, agriculture, coastlines, communities.

Our world

Changing ecosystems, weather patterns and human communities.

MY CAUSE

After everything I researched, the issue I want to learn more about or take action on is:

BECAUSE