



My Impact Plan: 30 Days of Action

Build Your Impact Plan. Choose one issue you care about involving people, animals, the planet, or your community. Work down the page, then set one impact goal you can realistically reach in 30 days.

BEFORE YOU START

Choose a small project you can work towards or finish in 30 days. One issue, one goal, 30 days. This gives you a goal to work towards, allows you time to plan and helps create a new happiness habit.

DAY 1 DATE

DAY 30 DATE

01

What do I care about?

Choose one issue you want to focus on.

02

Why does it matter to me?

Make the connection personal.

03

What would I like to change?

Define the difference you want to make.

04

What can I actually do?

Identify actions within your control.

05

Who could help?

People, organizations, friends, family, school groups, or community partners who could support the goal.

06

What will impact look like?

Choose something you can see, count, complete, or describe at the end of 30 days.



My 30-Day Action Calendar

One small step a day. Every step counts as a small act of giving. Researching an organization, sending an email, making a poster or social media post, asking someone to join, collecting supplies, the list goes on. Meaningful impact is built through consistent action.

1 ☐	2 ☐	3 ☐	4 ☐	5 ☐	6 ☐
7 ☐	8 ☐	9 ☐	10 ☐	11 ☐	12 ☐
13 ☐	14 ☐	15 ☐	16 ☐	17 ☐	18 ☐
19 ☐	20 ☐	21 ☐	22 ☐	23 ☐	24 ☐
25 ☐	26 ☐	27 ☐	28 ☐	29 ☐	30 ☐

LOOK BACK

What did you accomplish? What changed? What did you learn?

KEEP IT GOING

What is one action you want to continue after Day 30?

TRACK YOUR IMPACT

Record your acts of giving and volunteer hours in the 365give Impact Tracker.