



INTERNATIONAL DAY OF PEACE · SEPTEMBER 21

The Path to Peace

Seven days of peaceful actions counting down to the International Day of Peace.

How it works: peace starts small, one small act a day. Do each day's peaceful action, fill in the line, and check the box. By September 21 your family will have given peace seven times!



DAY 1

Give a Kind Hello

Greet someone you don't usually talk to with a warm hello and a smile.

I SAID HELLO TO

☐

DAY 2

Give a Real Listen

Let someone finish their whole story without interrupting, not even once.

I LISTENED TO

☐

DAY 3

Give an Invitation

Invite someone who's on their own to join your game, your table, or your team.

I INVITED

☐

DAY 4

Give a Sorry

Think of a time you hurt someone's feelings and make it right with a true sorry.

I MADE PEACE WITH

☐

DAY 5

Give a Calm-Down

When you feel angry today, stop and take three slow breaths before you speak.

IT HELPED ME

☐

DAY 6

Give a Peacemaker Hand

Help two people who are arguing find a fair, kind way to fix it.

I HELPED

☐

SEPT 21

Give Peace Out Loud

Tell someone what peace means to you, and thank a person who makes you feel safe.

PEACE TO ME IS

☐



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Our Family Peace Pledge

A poster the whole family signs. Every name adds one peaceful act to our pledge.

How it works: read the pledge together as a family. Then everyone adds a peace stone to the path: write your name and the one peaceful act you promise to do. Hang the poster where everyone can see it!

We pledge to make our home a **peaceful place: to use kind words, to listen first, to include everyone, and to fix our mistakes with **one small act at a time**.**

♥ OUR PATH OF PEACE STONES ♥

NAME _____

MY PEACEFUL ACT _____

NAME _____

MY PEACEFUL ACT _____

NAME _____

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NAME _____

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NAME _____

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