



My Giving Jar

Do something kind, then color in a heart. Can you fill the whole jar with kindness?
Use your class Giving Jar to draw one new idea every day. Use the class giving jar for ideas!

* COLOUR ONE HEART EACH TIME YOU DO SOMETHING KIND-----

 = one kind act done Fill the jar, then start a brand-new one!



 Name:



Class Giving Jar of Ideas

Cut out the kindness slips, fold them up, and drop them in the classroom jar.
Pull one out each day and go do it!

✂ CUT • FOLD • DROP IN THE JAR • THEN DRAW ONE A DAY



How to play

- 1 Decorate a big jar for the classroom. (or big a cup or bowl).
- 2 **Cut out** the kindness slips below and fold each one in half.
- 3 Drop them all into your jar and give it a good shake.
- 4 **Pull one out every day.** Then go do that kind act!



Give a friend a big compliment



Help clear the table after dinner



Draw a card for someone you love



Say good morning to someone new



Help a classmate get organized at the end of the school day.



Give a hug to someone who feels sad



Let someone go first in line



Read a story to a younger kid



Pick up litter in the playground



Help a classmate with their school work that is struggling



Share your snack with a friend



Give your teacher a kind note



Help feed a pet or water a plant



Cheer someone on at recess



Make someone laugh today



My Giving Jar of Ideas: Make Your Own

What ideas do you have to give back? Write them down. Cut out the kindness slips. Fold them up, and drop them into the classroom jar. Pull one out each day and go do it!

✂ CUT • FOLD • DROP IN THE JAR • THEN DRAW ONE A DAY



How to play

- 1 Decorate a big jar for the classroom. (or big a cup or bowl).
- 2 **Cut out** the kindness slips below and fold each one in half.
- 3 Fill in a new idea and drop it into the jar..
- 4 **Pull one out every day.** Then go do that kind act!

		
		
		
		
		