

Do1Give Day

April 32, 2026



Grow the Gratitude Challenge

#Do1Give Day is all about coming together to grow the good in the world.
Gratitude and appreciation is an easy way to get started.



Print the big blue #Do1Give Day heart and little blue gratitude hearts. Cut out the small hearts.



Write down or draw one small thing you are grateful for on a heart.



Glue each small gratitude heart each day.
How many gratitude hearts can you complete?

BIG GRATITUDE HEART

www.365give.ca



I AM
GRATEFUL
FOR...





LITTLE GRATITUDE HEARTS

