



June
2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Go for a walk in nature	2 Meatless Monday	3 Use both sides of your paper	4 Plan a recycling drive at school batteries and markers	5 Plant a new tree	6 Donate toys and clothes to Salvation Army	7 Recycle your paper, plastic, glass
8 Avoid single-use plastics	9 Meatless Monday	10 Use a reusable water bottle	11 Take shorter showers / bath	12 Plant Flowers	13 Use cloth napkins	14 Repurpose a glass jar
15 Pick up garbge	16 Meatless Monday	17 Ride or walk to school	18 Shop with reusable bags	19 Plant Vegetables	20 Zero Waste Lunch	21 Go to the local markets fom snacks and groceries
22 Power down for 2 hours today	23 Meatless Monday	24 Zero Waste Lunch	25 Start a compost at home	26 Plant herbs	27 Shop for toys / books at a second hand store	28 Start a compost
29 Book or toy swap with friends	30 Meatless Monday					

